



# Mentor Guru

## Class 1 Maths Magic

### Chapter 6: Time Notes

Set aside a specific time each day to practice telling time. Ask them throughout the day, “What time is it now?” and let them try to tell you. Encourage them to look at clocks around the house and tell the time. Set alarms for specific routines and ask them to guess the time when it rings. Continually review what they’ve learned. Celebrate their achievements with positive reinforcement, like stickers or a small treat when they get the time right.

#### **Morning Schedule**

1. Get up for school

Sampada gets up early in the morning at 6 ‘o’ clock.

2. Eat breakfast

Before going school see eat her breakfast.

3. Read a story in school

In school she read story book.

Use Analog and Digital Clocks to teach about time to class 1 students. Show students both types of clocks. Discuss the differences and similarities. This will prepare them for the digital world while understanding the basics through analogy. There are many catchy songs and rhymes available online that focus on teaching time. These can make learning more enjoyable and memorable for young students.

Show them a digital clock and explain how it represents the same time as an analog clock. Compare readings from both to cement understanding. Use stories where characters do activities at specific times. This not only reinforces the concept of time but also improves their listening skills and imagination.

Introduce days of the week and months of the year. Discuss concepts of yesterday, today, and tomorrow.

### **Day Time Table**

Eat lunch

1. There is lunch break in school at that time Sampda eat her lunch.
2. Return home after school.

Set specific times during the day for certain activities, such as snack time or reading time. Occasionally ask, what do we usually do at this time? Use flashcards with different times on them. Students can show the time on their paper clocks when you show a card. Use a sand timer or stopwatch to show short time intervals.

Once they're comfortable with full hours, introduce the concept of half-past the hour. Discuss how 30 minutes is half of 60 minutes, using visuals like dividing a circle or a pizza into two parts. Relate time to their daily activities: breakfast at 8 o'clock, lunch at 12 o'clock, bedtime at 7 o'clock, and so on. This connects abstract concepts to tangible events in their lives. Play matching games where they match a time with a routine activity. Use apps or online games designed for young children to practice telling time.

### **Evening Time Table**

1. Play

After school she play different games with her friends.

2. Study

At evening she completes her homework.

7. Go to bed

She did her dinner at 8:30 P. M. and after that she go to bed at 9:30 P. M.

Let students guess how long a minute is, then measure and discuss. Along with teaching hours and minutes, introduce days, weeks, and months using a classroom calendar. Talk about yesterday, today, and tomorrow. Remember, repetition and consistency are key. The more students practice, the more confident they'll become. Incorporate time-related activities into their daily routine, and soon they'll be comfortable telling time on their own.